

NIHILISM AND OTHER MENTAL ILLNESSES

Dr David Darling, Consultant Psychiatrist

David C F Wright, PhD

Nihilism believes that all values are baseless, that is to say not based on fact, and believes that nothing can be known or communicated and, therefore, nihilism is usually pessimistic. If, for example, someone says that the human race is evil and should be wiped out, then this could be an example of nihilism.

The doctrines of nihilism also has the belief that there is no loyalty required to family and friends, to your country or to moral values. In fact, this evil doctrine states that morality does not exist. The originator of this doctrine, Nietzsche, campaigned to eliminate morality. He was insane and certified as such.

It therefore follows that nihilism rejects Christianity and morality. It is also the rejection of all authority. A nihilist will be against Christianity, morality, government, royalty, and against decency. This is bigotry.

Of course, nihilists may have differing views but they have in common a hatred of religion and morality.

Such people do not live in the real world and do not understand reality, and so they replace reality with matters and beliefs that are not real or that cannot be evidenced... but they still insist that their beliefs are right and that proven facts are untrue. They believe in illusions and fantasy, often of the science fiction variety.

These beliefs are the basis of cults. A cult is a group of people who strongly believe in things which are deviations from the truth. At first, it was used of so-called Christian groups who altered or amplified some Biblical truths to suit themselves and their new invented doctrines. Cults are usually minority groups who have beliefs that cannot be proved and yet thrust their beliefs down our necks. Cults can be very dangerous. They break up friendships and destroy families.

The nihilist has the absurd notion that what is true for one person may not be true for another. Truth is absolute; it is total and complete. It is true that Margaret Thatcher was, at one time, the Prime Minister of the UK. It is true because it is absolute. You cannot say that a truth is a truth for some and not for others.

We have referred to bigotry. It is often said that bigots are those who are intolerant especially on subjects such as a religion, politics and race. But those who reject all authority and morality are also bigots.

People who believe in aliens, UFOs, and believe in the teachings of spiritualists and psychics are members of cults although they may not accept that. Cult members often display a serious mental condition known as Explosive Anger Disorder (known as EAD). It is aggressive, violent behaviour which is usually verbal by which they behave or react grossly out of proportion to the matter in question and this behaviour is akin to violent childhood tantrums. This is a very serious mental condition and needs treatment. It is a major psychiatric problem and may include other mental disorders. The condition is more common in men. It is the uncontrolled condition that cannot resist anger and it is the inability to resist an argument. Anger is dangerous and can lead to other serious offences.

(See articles on [Aliens](#) and [UFOs](#))

This cult of nihilism also include a rejection of morality and so, for example, if someone disapproves of homosexuality, the nihilist will defend homosexuals and say, "Live and let live!"

If someone desires a sex change or, as we are now to call it a gender reassignment, the nihilist will not be interested in the moral or emotional aspects, but say that the person is right to want a sex change

because they were born in the wrong body. This is the question, Whose fault was this? It cannot be the fault of God since Nietzsche and nihilists do not believe in the God of the Bible!

I want to stress here that I am not homophobic. I certainly do not hate homosexuals. I disapprove of homosexual acts. I am repulsed by it. I once had to sit next to a man I did not know and he ran his hand up the inside of my thigh! He did not do it the second time!

There is ample medical evidence (in fact, overwhelming evidence) to prove that psychics are psychotic.

(See separate article Psychics are psychotic)

Psychosis is a serious mental condition, an abnormal condition of the mind and a loss of contact with reality. Patients have thought disorders, may have hallucinations (I have just seen the Loch Ness monster, really I have!) and have delusional beliefs. A delusion is a fixed belief in something that is false, fanciful and cannot be proved. Psychosis may also be caused by, or include, schizophrenia, clinical depression and stress. Schizophrenia is the disintegration of the thought process. There may be hallucinations and delusions. They may have voices in their heads. To delude is to make someone believe what is not true and, if people so believe, they are deluded.

When spiritualists and psychics claim that someone who is dead has spoken to them, or that spirits from another dimension have spoken to them then these are delusions and evidence of psychosis and schizophrenia.

Many spiritualists and psychics rubbish the Bible and say that God does not speak to people and that the Bible is man's words. And yet they expect us to believe that the dead speak to spiritualists and that spirits of another dimension speak to psychics. Intolerant spiritualists and psychics are bigots.

In other articles, I have displayed the fraudulent ideas and behaviour of such people as [Betty Shine](#), [David Icke](#), [Doris Stokes](#) and [Helen Duncan](#).

Some claim that the Bible is a delusion and untrue. Others go as far as to say that if we did not have Christianity, or religion, the world would be a better place. Many say that all Christians are frauds and idiots and that Jesus Christ did not exist!

What can be proved from many secular records, and therefore non-Christian records, is that Jesus Christ existed, was crucified and rose again. While the Christian church is in decline, and has a lot to answer for, there have been millions of true Christians in two thousand years. Christianity is moral as set out in the Bible. Christians have improved the lot of 'backward' nations by building hospitals, healing the sick, providing medicines; they have stamped out diseases and, often taken the Gospel and their noble social deeds to primitive and violent peoples. Many have been martyred for their faith.

While we have all seen presentations of Victorian workhouses, and the alleged cruelty of the Christians that ran them, in such works of fiction as *Oliver Twist* and *Jane Eyre*, we must remember that in Britain in the Victorian age, and before, it was Christians who brought about social reform. John Howard, who was born in 1726, began prison reform, carried on by Elizabeth Fry, born in 1780. George Mueller, born 1805, was a Prussian that opened an orphanage on Ashley Downs in Bristol. He was a member of the evangelical group, the brethren, as many Christian philanthropists were. William Wilberforce helped end the slave trade, worked to suppress vice and founded what is now the RSPCA. There were Christian reformers who ended the child abuse of making children sweep chimneys. Dr Thomas Barnardo opened homes for poor and homeless children; he, too was influenced by the brethren. The Seventh Earl of Shaftesbury worked for many reforms and helped stamp out anti-semitism.

So, all Christians are frauds and idiots, are they?

A survey has shown that 82% of people who are spiritualists, psychics, alienologists and ufologists etc. have in common their unreasonable hatred of the God of the Bible, Jesus Christ and Christianity. They will not talk calmly about this or read the evidence to support Christianity. They are blinkered.

As a psychiatrist I can tell you that for every person with mental trouble which may have been caused by religion there are, at least, 72 who have serious mental conditions caused by the beliefs and practices of spiritualist, psychic and these other people.

I have heard many patients say that they were threatened with bodily harm if they and their children did not dance naked around a fire in a field at midnight in accordance with witchcraft practices.

David Icke told Mavis Burgess that her mother was speaking to her from the grave and that this was true. Her mother was not dead!

People have a right to their opinions but no right to call their opinions facts.

If spiritualists, psychics, alienologists, ufologists and the like are right let them show some incontrovertible proof. They will claim that these matters are matters of faith and yet they condemn Christians for their faith.

COPYRIGHT David Darling and David Wright 2010. No part of this article, however small, may be reproduced or stored in any system whatsoever. It must not be copied, altered or downloaded. Failure to comply is illegal being theft and contrary to International Copyright law and will render any offender liable to action at law.