

PAST LIVES, REGRESSION AND REINCARNATION

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Past lives is the belief that we reincarnate in a different body and that we have past lives perhaps, many of them.

These beliefs are thousands of years old dating back to at least 800 BC. Such beliefs are held by Hindus, Buddhists, African sects and some Native Americans and especially in paganism.

It is also practised by some in the New Age movement and by the Church of Scientology.

To investigate a past life is called regression.

Valerie Franich claims to be the reincarnation of Jean Harlow according to American psychiatrist Adrian Finkelstein and another of his patients, Canadian pop singer Sherrie Le Laird, is said to be the reincarnation of Marilyn Monroe. Is she able to say if Monroe was murdered or died accidentally?

Regression claims to be the key to lasting happiness in truth and love and to eliminate ideas and false beliefs setting you free from conflict and finding your real self. It is opposed to Christianity and all regression is achieved by hypnosis by which you can uncover all your past lives. Or so it is claimed.

Reincarnation means to be made flesh again in a different body. So, in a past life, you could have been Nell Gwyn and now may be George Cooper of Clapham.

People who believe this, misquote the Bible and point to Matthew 11. 12-14 where some Jews asked whether John the Baptist was really Elijah? They did not say that John was a reincarnation of the prophet Elijah but that he was like him in his style and appearance. David Icke says that Jesus believed in reincarnation. He certainly did not. When Jews asked Jesus to send someone back from the dead to warn the nation of impending judgment, Jesus said that even if this were possible and Moses reappeared he would not be believed.

There is an International Association of Past Life Life Therapists.

Regression is an aspect of hypnotherapy which claims to cure nervous disorders and the cure is achieved when the patient is in contact with a horse! The remedy is being in the horse's aura!

This is possible through hypnosis. Hypnosis is based on auto-suggestion where the hypnotist plants ideas into the patient on a subject which may be an object or theme such as something in the past. Sometimes the choice is random.

The definition of hypnosis is that the hypnotist introduces a dominate subject into imaginative experiences and the patient is encouraged to response to suggestions and the dominant theme made by the hypnotist. Note they are imaginative experiences. It is akin to the technique of cold reading. See the article on Doris Stokes.

The hypnotist often tells the subject to concentrate on one dominant idea. It could be anything like the Great Fire of London, the fear of spiders, Nell Gwynn or the Blitz, although it is not always clear why such subjects are chosen. It may be suggested by the patient.

The results of such auto suggestion may lead to the patient believing he/she was alive at the time of Nell Gwynn or the Great Fire of London. This can lead to the subject believing that they were Nell Gwynn, or a victim of the Great Fire and it becomes so real to them. And all this is taken to be evidence of past life.

There are hypnotists, and others, who can convince people of almost anything and result in possible subsequent madness. David Icke believed that he was Jesus Christ for a while. That is madness. We know of a lady who went mad because Betty Shine revealed some very distressing event to her. The woman was so traumatised that, after a while, she committed suicide.

Mental illness can be caused by disorders of the brain circuits; it can be caused by stress and paranoia; it can be caused by auto suggestion under hypnosis. There are many cases of madness because subjects have been told of such things as the existence threatening ghosts or an impending disaster.

Now the world is full of those who have been regressed and had revealed to them the horrors of their past lives such as

1. being eaten alive by crocodiles
2. being burned to death as a witch
3. slowly dying of the plague in filth, squalor and excruciating pain during the Middle Ages.

How can revelations from these regression help? In his/her current life is he/she to experience another such horror? That cannot be something to look forward to. It will cause stress.

Stress can lead to mental illness, heart trouble, diabetes and cancer.

Here is someone with a psychiatric problem and very vulnerable and who will try anything to get well. They go to a psychiatrist in whom they put their trust and submit themselves to regression and the subsequent revelations cause them to become worse. There are many documented cases of this.

Some ex members of Scientology have admitted that the hypnosis used by this so-called 'church' is a means to find out all about you so as to have control over you.

Regressionists are there to make a name for themselves and to make money. Some are not qualified and invent degrees from non existent universities!

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